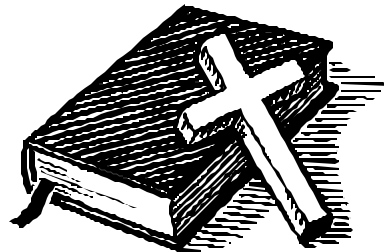


THIS WALK WITH GOD
WAS FIRST CONCEIVED
AT OUR WOMEN'S
RETREAT IN THE SPRING
OF 2005

During an exercise we connected passages from scripture, our prayer book and our reflections to specific areas on our church property. We found this was an excellent way to explore the church grounds for the peace and connection with God that we can find there. We decided to develop the exercise more fully for all to enjoy.

We hope this will help those who need to connect, re-connect or just meditate on the wonders of God.



The Church of the Good Shepherd

4947 NE Chouteau Drive

Kansas City, MO 64119

Phone 816-452-0745


Good Shepherd Walk of Reflection



 **Station 1: Playground Bench**

“Be Still and Know that I am God”

Reflection: Immerse yourself in the beautiful colors, the musical sounds and the delightful fragrances of God's world.

 **Station 2: Columbarium**

Almighty God, Father of all mercies; and giver of all comforts: Deal graciously, we pray thee, with all those who mourn, that casting every care on thee, they may know the consolation of thy love; through Jesus Christ our Lord, Amen.

Reflection: Life is fleeting. Find comfort in remembering Christ's Resurrection.

 **Station 3: Saint Francis Bird Bath**

Lord make us an instrument of your peace: where there is hate, may we know love; where there is hurt, may we forgive; where there is strife, may we make one. Where all is doubt, may we sow faith; where all is gloom, may we sow hope; where all is night, may we sow light; where all is tears, may we sow joy. Jesus our Lord, may we not seek to be consoled, but to console; nor look to understanding hearts, but look for hearts to understand. May we not look for love's return, but seek to love unselfishly, for in our giving we receive, And in forgiving are forgiven. Dying, we live, and are reborn through death's dark night to endless day; Lord make us servants of your peace, to wake at last in heaven's light.


Reflection: Meditate on opportunities to serve God and His people.

 **Station 4: The Vegetable Garden**

Almighty God, Lord of heaven and earth: We humbly pray that your gracious providence may give and preserve to our use the harvests of the land and the seas, and may prosper all who labor to gather them, that we, who are constantly receiving good things from your hand, may always give you thanks; through Jesus Christ our

Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen

Reflection: The recurring seasons remind us to focus anew on hope for growth and the opportunities to share our abundance with others.

 **Station 5: Between the Two Large Trees (Southwest corner of the parking lot, near handicap parking)**

O heavenly Father, who has filled the world with beauty: Open our eyes to behold your gracious hand in all your works; that, rejoicing in your whole creation, we may learn to serve you with gladness; for the sake of him through whom all things were made, your Son Jesus Christ our Lord. Amen

Reflection: Embrace the timelessness and continuity of life.

 **Station 6: Front Courtyard Benches**

Eternal God, in whose perfect kingdom no sword is drawn but the sword of righteousness, no strength known but the strength of love: So mightily spread abroad your Spirit, that all peoples may be gathered under the banner of the Prince of Peace, as children of one Father; to whom be dominion and glory, now and for ever. Amen.

Reflection: Secular and sacred are one and the same. Bring the world into the Church. Bring the Church into the world.

 **Station 7: Church Sanctuary**

Psalm 66

Be joyful in God, all you lands; sing the glory of his Name; sing the glory of his praise.

Say to God, “How awesome are your deeds! because of your great strength your enemies cringe before you.

All the earth bows down before you, sings to you, sings out your Name.”

Come now and see the works of God, how wonderful he is in his doing towards all people.

He turned the sea into dry land, so that they went through the water on foot, and there we rejoiced in him.

In his might he rules forever; his eyes keep watch over nations; let no rebel rise up against him.

Bless our God, you peoples; make the voice of his praise to be heard;

Who holds our souls in life, and will not allow our feet to slip.

For you, O God, have proved us; you have tried us just as silver is tried.

You brought us into the snare; you laid heavy burdens upon our backs.

You let enemies ride over our heads; we went through fire and water; but you brought us into a place of refreshment.

I will enter your house with burnt-offerings and will pay you my vows, which I promised with my lips and spoke with my mouth when I was in trouble.

I will offer you sacrifices of fat beasts with the smoke of rams; I will give you oxen and goats.

Come and listen, all you who fear God, and I will tell what he has done for me.

I called out to him with my mouth, and his praise was on my tongue.

If I had found evil in my heart, the Lord would not have heard me;

But in truth God has heard me; he has attended to the voice of my prayer.

Blessed be God, who has not rejected my prayer, nor withheld his love from me.

Reflection: God's love surrounds us. Rest in God's love.